Silverside (fully trimmed)
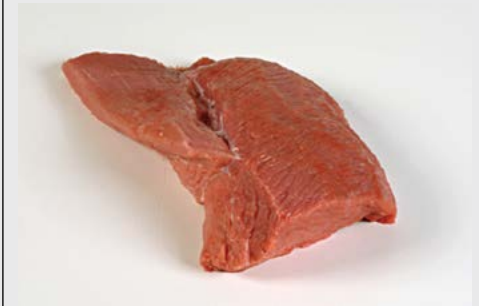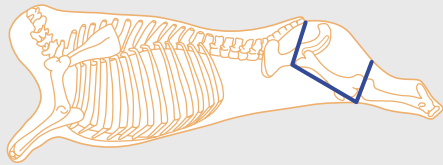
1. Position of the silverside.

2. Silverside, salmon cut and heel muscle removed.

3. All external fat and...

4 ...gristle to be removed.